

National Institute of Post Harvest Technology (NIPHT),
Talegaon Dabhade, Dist. Pune Organizes
Organic Kitchen Gardening Workshop
OwnGrown Method



What You'll Learn

- OwnGrown organic kitchen gardening method developed by Saraswati Kuwalekar, Grow and eat your first veggies in just 3 weeks
- Terrace / Balcony / Backyard organic kitchen.
- Introduction to medicinal plants.
- Guided Terrace Tour.
- Ample live demos & practicals on:
 - Composting kitchen waste
 - Soil preparation & pot filling
 - Transplant seedlings
 - Seed selection
 - Seeds Sowing techniques
 - Plant care & watering methods
 - Pollination basics
 - Natural pest control
 - Multi-cropping & its benefits



Surprise Gifts
for participants



Certificate
by NIPHT



Key Takeaways:

- Convert kitchen waste into "Black Gold" (compost)
- Reduce synthetic chemical intake via fruits & Veggies
- Contribute towards a dumping-free, greener Earth 

Start Your Green Journey Today



Date: 30th -31st May, 2026

Fees: Rs 3,000 + 18% GST

Time: 10 am to 5 pm



SCAN & PAY



Program Venue



National Institute of Post Harvest Technology, Sr. No.39B-400, Near CRPF campus, Talegaon Dabhade, Tal. Maval, Dist. Pune, Pin-code: 410505

Contact / Registration



For registration WhatsApp:
Ravindra Deshmukh: 9622499265
Bhagwat Sapkal: 9766521234
Mukund Bandgar: 9422057094



Fees includes lodging and boarding

